

110 Ivy Rock Lane Havertown PA, 19083 Phone: 515-771-6248 Fax: 484-454-5770

www.heartland feeding.com

Heartland Pediatric Feeding Disorders Services

Screening Form

Thank you very much for you interest in the Heartland Pediatric Feeding Disorders Services! To best serve you we will need a little information to ascertain if Heartland's services would be appropriate for your child.

Instructions:

Please provide all information requested on this form and return it as soon as possible. Normally, you will hear from us within 3-5 days after receiving the screening packet. We will call to gather additional information and schedule an evaluation, **once we have reviewed this form**. Please, send the completed form to:

Sean D. Casey, Ph.D., BCBA Heartland Pediatric Feeding Disorders Services 110 Ivy Rock Lane Havertown PA, 19083

You may also scan and send the completed forms via email to: **Sean.Casey@Heartlandfeeding.com** You may also fax the completed forms to: 484-454-5770.

Before we schedule an evaluation, we will need copies of the following items:

Your child's most recent medical evaluation and medical records. We are interested in reviewing results from evaluations related to your concerns with feeding. You may wish to contact your child's <u>pediatrician first</u> to see if that office has copies of evaluation reports. Reports may be mailed or emailed to us.

Your child's typical daily mealtime schedule along with 3 day record of daily food intake (a 3 day Food Intake Record is included at the end of this screening packet).

If you have any questions or need assistance please write or call Dr. Sean D. Casey, Ph.D., 515.771.6248.

| BIOGRAPH | HICAL | | | |
|-----------------------|--|-----------------------------|----------------|---------------------------------------|
| Child's Name | e: | | Date of | of Birth: |
| Caregivers' | Name: | | Email: _ | |
| C | | | | |
| | Address: | | | |
| | City, State, Zip: | | _ Telepl | none: |
| Child's Lega | l Guardian: | - | | |
| Person(s) wh | o Referred you to our program: | | | |
| Has your chil | ld ever been treated for his/her fo | eeding issues: | ☐ Yes | □ No |
| Please list be above. | low name, address, and telephor | e number of the appropria | ite contact pe | rson if not already listed |
| | | | | |
| | DIFFICULTY 1-10, how difficult is your child | l's feeding concerns (Pleas | se circle your | answer)? |
| | 1 2 3 4 | 5 6 7 8 | 9 | 10 |
| Not at all Dif | ficult | | | Most Difficult Problem |
| Primary Presen | nting Problem: (Circle) | | | |
| | Food Selectivity | Total Food Refusal | Other | (see below) |
| | child does not eat 1 or more major food sal – that the child is eating less than 100 | | | r meeting caloric needs (i.e., bottle |
| | vity: If "Food Selectivity" was s as eaten 90% of the time when th | | | |
| a. Starch: | | | | |
| b. Fruit: | | | | |
| c. Protein: | | | | |
| d. Vegetable: | | | | |
| e. Other/Snac | ks: | | | |

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Provide any additional information here:

| Total Food Refusal : If "Tot information: | al Food Refusal" was selected as a | primary presenting iss | ue, provide the following |
|---|--|-------------------------|-----------------------------|
| a. Last 3 weight checks: | (weight) | (weight) | (weight) |
| | (date) | (date) | (date) |
| b. Caloric Needs (if known): | | | (calories per day) |
| c. Approximate Calories per | day during meals: | | (calories or percentage) |
| d. Approximate calories per | day during supplemental feedings: | | (calories or percentage) |
| Other: If "Other" was selec | cted as a primary presenting issue | , provide a description | n of the behavior below. |
| Description of Beha | avior_ | | |
| a | | | |
| b | | | |
| | | | |
| d | | | |
| For each primary presenting to occur and how long the issue | problem identified above, please li sue has been a problem. | st the approximate dat | e that presenting problem b |
| | Date of Onset | Mon | nths/Years as a Problem |
| a. Food Selectivity: | Date of Onset | <u>Mor</u> | nths/Years as a Problem |
| ř | Date of Onset | <u>Mon</u> | nths/Years as a Problem |
| b. Total Food Refusal: | Date of Onset | <u>Mon</u> | nths/Years as a Problem |
| b. Total Food Refusal: c. Other 1: | Date of Onset | <u>Mon</u> | nths/Years as a Problem |
| a. Food Selectivity: b. Total Food Refusal: c. Other 1: d. Other 2: e. Other 3: | Date of Onset | <u>Mon</u> | nths/Years as a Problem |

PRIOR PROFESSIONAL CONTACTS

Please list all past and current therapies your child has received which directly addressed their feeding difficulties. Include a brief description of the therapy.

| Name: | Affiliation: | Phone: | |
|---------------------------------|-----------------------------------|-----------------|---|
| Dates of Service: | Therapy: | | _ |
| | If yes, how? | | |
| | Affiliation: | | |
| Dates of Service: | Therapy: | | |
| | If yes, how? | | |
| | Affiliation: | | |
| Dates of Service: | Therapy: | | |
| Was the therapy effective? | If yes, how? | | |
| SCHOOL/DAY CARE | | | |
| Name: | Teacher: | | |
| Address: | | Phone: | |
| List any special education serv | ices your child receives: | | |
| Has your child's school/day ca | re addressed your child's feeding | g difficulties? | |
| If yes, how? | | | |
| Was this effective? | How? | | |

MEDICAL INFORMATION

| Was feeding interrupted at any time in your child's history? | ☐ Yes ☐ No | | |
|---|--------------|--|--|
| For how long? For wh | reason? | | |
| Diagnoses: | | | |
| Height:Weight: | <u> </u> | | |
| Current medical problems: | | | |
| Name of Primary Care Physician: | Affiliation: | | |
| Address: | | | |
| Telephone: | | | |
| Name of Gastroenterologist: | Affiliation: | | |
| Address: | | | |
| Telephone: | | | |
| Please list any other physicians who are treating your child: | | | |
| Name: | Affiliation: | | |
| Address: | | | |
| Telephone: | | | |
| Name: | Affiliation: | | |
| Address: | | | |
| Telephone: | | | |
| Has your child had any recent procedures/surgeries? | ☐ Yes ☐ No | | |
| If yes, what? | Date: | | |

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| Please check if y | our child has h | ad the tests l | below. | | | |
|--|-------------------|----------------|--------|-------------|-----------------------|---------------------------|
| ☐ Swallow study (MBS / OPMS) | | | Date:_ | | Result: | |
| ☐ Endoscopy | | | Date: | | Result: | |
| ☐ Gastric Emptying ☐ pH probe ☐ Upper GI | | | Date: | | Result: | |
| | | | | | Result: | |
| | | | Date:_ | | Result: | |
| ☐ Allerg | y Testing | | | | | |
| Skin | Test | | Date:_ | | Result: | |
| Blood | l Test | | Date:_ | | Result: | |
| Were any of the | following used | during the r | | | ey period? | |
| | Dates | Amount | Foi | rmula | % of daily intake | How? Continuous/ Bolus |
| tracheostomy | | | | | | |
| nasal cannula | | | | | | |
| G-tube | | | | | | |
| NG-tube | | | | | | |
| Other | | | | | | |
| Bowel Habits: Frequence Consiste | | | | mes per (ci | rcle one): DAY WATERY | WEEK |
| Please list any med | | | | | | _ |
| N | <u>Iedication</u> | | Dosage | | Prescribing | g Doctor |
| | | | | | | |
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CURRENT FEEDING PRACTICES

Current Skills (Check all that apply.)

| | | | Special adaptation, type | | _ | | |
|-----------------------|----------|-----------------------------------|---|---------|-------------------|--|--|
| a. Drinks from bottle | | | Does your child hold the bottle? | | | | |
| | | | Type of nipple used: | | | | |
| b. | | Fed by parents? | How? | | _ | | |
| c. | | Feeds self with fingers? | ☐ Large pieces | | ☐ Small | | |
| d. | | Feeds self with spoon? | Special adaptations? Type? | ? | | | |
| | | | ☐ Independent | | ☐ Needs help | | |
| e. | | Feeds self with fork? | ☐ Independent | | ☐ Needs help | | |
| f. | | Uses knife? | ☐ Spreads | | ☐ Cuts | | |
| g. | | Drinks from cup/glass? | List special adaptations | | | | |
| h. | | Drinks from straw? | | | | | |
| i. | | Pours own drink? | | | | | |
| j. | | Prepares own snack? | | | | | |
| k. | | Has child ever self-fed? | | | | | |
| 1. | How is | s your child positioned for g? | □ Regular chair @ table □ Booster seat □ High chair □ Reclined chair □ Adaptive chair, type: □ Other: | | | | |
| Whe | ere does | | □ adult's lap □ booster s □ high chair □ other (ple | | | | |
| Му | child ty | pically eats: | | ☐ Alone | ☐ With the family | | |
| Doe | s your o | child have behavior problem | ns during meal times? | ☐ Yes | □ No | | |

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Check all behaviors, which are **problematic** during mealtimes:

Only eats certain foods (food selective)

crunchy foods (carrots, celery)

| Passively refuses food (e.g., will | not open mouth) | | Aggression | | |
|--|-------------------|----------------------|-------------------|--------------|---------------|
| Actively refuses food (e.g., turns head, bats spoon) | | | Self-injury | | |
| Spits out food (i.e., expels food) | | | Leaves the ta | ble before f | inished |
| Packs food (chipmunks/will not | swallow) | | Takes food f | rom others | |
| Vomits during, or just before, or | right after meals | | Overeats | | |
| Eats too slow/too fast (circle wh | ich one) | Ot | her: | | |
| | | | | | |
| At what age were solids introduced | | | | | |
| Was a nipple/pacifier used during r | neonatal period? | | <u> </u> | Yes [| ☐ No |
| During infancy, was child fed by: | |] bott | tle 🗖 b | reast | ☐ combination |
| Food consistency: please check all | | olicab <u>eat</u> | le: never eats | can't eat | has not tried |
| liquids/soups | | | | | <u> </u> |
| strained baby food | · · | | | | |
| junior baby | | | | | |
| creamy foods (ice cream, yogurt) | | | | | |
| blenderized table food | | | | | |
| mashed table food | | | | | |
| chopped table food | | | | | |
| regular table food | | | | | |
| crisp foods (crackers, toast) | | | | | |
| chewy foods (meat) | | | | | |

Whines, cries, screams, or tantrums during meals

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| List any addit | ional foods and | drinks that you | r child consistent | ly accepts: | | |
|--------------------------|-------------------|-------------------|--------------------|--------------------|-------------|-----------------|
| | dairy product | S | | | | |
| | sweets | | | | | |
| | • | | quids? | | | |
| | | | | | | |
| Meal Pattern | | | | | | |
| Please | <u>S</u> | ample/Typical 1 | <u>Meal</u> | Approxima | ate Mealtin | |
| Afternoon - Evening - | | | | | | |
| Snacks - | | | | | | |
| Descr | ibe the sequenc | e in which food | is offered to you | r child (i.e., liq | uids alway | s first, etc.): |
| Does | your child's foo | d habits and pro | eferences match t | he family's? | ☐ Yes | □ No |
| Does | your child eat li | ttle meals and s | nacks throughout | the day? | ☐ Yes | □ No |
| Your | child's appetite | is best describe | d as (circle one): | | | |
| | poor | fair | good | excell | ent | eats too much |
| How l | ong does it take | e for your child | to complete a me | al? (circle one |) | |
| less than 1 | 0 minutes | 10-20 min | utes | 20-30 minute | es | over 60 minutes |
| How | does your child | indicate hunger | ? | | | |
| What | do you do whei | n your child refu | uses to eat/drink_ | | | |

ORAL MOTOR STATUS

Check all behaviors, which are **problematic** during mealtimes:

| Drooling | Vomiting/Rumination |
|---|--|
| | |
| Continuous sucking; poor sucking | Teeth Grinding |
| Biting (independently biting off pieces of food) | Coughing |
| Tongue control (tongue thrust, poor mobility) | Gagging |
| Swallowing | Profuse perspiration (diaphoresis) |
| Lip control (keeping his/her mouth closed) | Aspiration |
| Chewing (for children over 12 months) | Other: |
| Hypersensitivity to food textures, temperature, spoon | |
| <u>ADAPTIVE BEHAVIOR</u> | |
| Check each of the following that apply to your child: ☐ Ambulatory (walking) | ☐ Visually impaired |
| ☐ Uses words or signs to communicate | ☐ Hearing impaired |
| ☐ Can imitate a model | ☐ Toilet trained |
| ☐ Follows instruction | Concerns w/ toileting: |
| | |
| Estimated level of functioning (circle the one that best descr Typically Developing Mild Intellectual Moderate Intellec | tual Severe Intellectual Profound Intellectual |
| Disability Disability | Disability Disability |
| OTHER BEHAVIORS | |
| Record any other problem behaviors your child displays a resulting form the problem behavior either to your child o of other caretakers, with the behavior of most concern list | or others. Please list in order of concern to yourse |
| <u>Behavior</u> | <u>Description</u> |
| a | ······································ |
| b | |
| c | |
| d | |
| Estimate the severity of the problem behavior above of gr | reatest concern (circle one). |
| Moderate Severe | Life-threatening |
| Other information pertinent to severity, risk, etc.: | |
| | |

Estimate the current frequency of the problem behavior(s) (check one).

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| □ Less than one episode per week (list frequency): □ 1 to 3 episodes per week □ Occurs about once daily □ Occurs several times per day □ Occurs every hour while awake | | |
|--|-------|------|
| How long has your child been engaging in the problem behavior(s) (circle one)? | | |
| □ Within past 6 months □ More than 6 months but less than 1 year □ More than 1 year but less than 3 years □ More than 3 years but less than 5 years □ More than 5 years but less than 10 years | | |
| When is(are) the problem behavior(s) likely to occur (circle all that apply)? | | |
| □ When the child is left alone or unattended □ When lots of people are around □ When demands are placed on the child □ When preferred items are restricted □ Mealtimes, dressing, or bathing (circle) □ Other: | | |
| Does your child appear to enjoy social interaction? | ☐ Yes | □ No |
| Does your child require special supervision (for example, to avoid self-injury)? If yes, explain: | ☐ Yes | □ No |
| Does your child have problems going to sleep at night? If yes, explain: | ☐ Yes | □ No |
| Is your child toilet trained? Are there any concerns with toileting? If yes, explain: | ☐ Yes | □ No |

| ☐ Yes | ☐ No |
|-----------------------------|---|
| ☐ Yes | □ No |
| | |
| | |
| f the $card(s) - both$ from | t and back |
| ☐ Yes | □ No |
| | |
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| | |
| | |
| ☐ Yes | □ No |
| | |
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| | |
| | ☐ Yes can also provide a copy indicating progress. (i.e. f the card(s) - both from ☐ Yes ☐ Yes |

If there anything else would you like for us to know please indicate on separate pages as necessary? Thank you for taking the time to fill out this information!

THREE DAY FOOD RECORD

Instructions: Record all food/fluid consumed during the next three days. Please be as specific as possible to ensure accuracy of the analysis. Record the amount eaten in either volume (tbsp, cup) or weight (g, oz) measurements. Include brand names and methods of preparation when appropriate

Note: If an altered texture is being consumed i.e., pureed table food or wet ground, the yield of the "mixture" should be recorded as well as the amount consumed.

For example:

| Date: | Food Item: | Yield: | Amount Eaten: |
|---------|--|--------|-----------------------|
| 4/13/12 | pureed chicken nuggets | 1 cup | 1/3 of the cup |
| | (4 nuggets, 1/2 c whole milk) | | |
| | carrots, canned | | 3 tbs. |
| | red grapes | | 35 grapes |
| | Kraft shells and cheese | | Approximately 1/2 cup |
| | Homemade Mango Shake (1 c mango, 1 1/2 c Wh. Milk) | 2 cup | 3/4 of the 2 cups |
| | Tubefeeding: pediasure | | 480 cc/ml |

| Date: | Food Item: | Yield: | Amount Eaten: |
|-------|------------|--------|---------------|
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| Date: | Food Item: | Yield: | Amount Eaten: |
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| Date: | Food Item: | Yield: | Amount Eaten: |
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